

## Mahurangi College Netball Club

Congratulations to all the winners at the 2009 prizegiving held recently. And to all players, coaches, umpires and supporters. So if the season is over and we are all trying to think about summer, why a netball newsletter?

### **Annual General Meeting Monday 23<sup>rd</sup> November 2009 6.30pm College staffroom.**

Thanks to the 18 members of the 2009 committee. Everyone worked well and enthusiastically together and a lot was achieved this year. Hopefully they will all be back, but there is still room for more. If you think you have a contribution to make to the club or ideas on how you think we can improve, come along to the AGM and become part of a Club that punches well above it's small size. If you would like any more information about the club or the committee, please contact Club Chairperson Sharon Fraser 0212288705.

### **Situation Vacant Calling All Coaches**

**Where are you? We need you!**

We are currently advertising and looking for coaches in all grades and at all levels for the 2010 season. Unfortunately, no coach – no team! We want to ensure that everyone who wants to play netball gets the chance (whether in competitive, development or social teams), but we can't do it unless we have coaches. Lots of support is offered to parents and students who are thinking of being part of our coaching and management team.

Phone Club Chairman Sharon Fraser now to find out more, or if you know someone that could be interested. Mobile 0212288705 or email [sharon@netballnorth.co.nz](mailto:sharon@netballnorth.co.nz)

## 2010 Season

We are already starting to think about this and a lot of the changes we had thought of making were reinforced by some of the responses we had from the recent questionnaire.

### **Off-season Training Squad**

For those interested in keeping up their netball fitness and skills over the summer. This squad will receive a programme to do over summer and will get together several times before Trials to monitor progress and do some group work. We would particularly like to see those players who are aiming at Senior Elite, Senior 2 and Senior 3 being part of this squad. If you are interested please complete the attached registration slip and give back to Mrs Hawken BEFORE 10<sup>th</sup> November 2009.

### **Senior Trials 2010**

**Mark 20<sup>th</sup> February on your calendar.** This will be for Year 9 to 13's. We are developing a registration form to be completed PRIOR to trials so that we can more accurately trial players and select the teams. Club policy and guidelines re trials and selection will once again be displayed and available for both players and parents.

Following the senior trials, a squad will be selected that will take part in further development, training and trial games.

From this squad Senior Elite, Senior 2 and Senior 3 teams will be selected.

#### **Intermediate (Year 7 & 8)**

We will be holding several lunchtime development games and trainings for the Year 7 & 8 students who are interested in netball (girls and boys) before the final trial.

#### **2010 Teams**

As part of our team selection process we will ask players if they wish to play in a competitive, development or social team. This should help us get the right mix of players in each team.

#### **Senior Elite, Senior 2 and Team 1's (Years 10/1, 9/1, 8/1 and 7/1)**

While we endeavour to make all our netball teams fun, some teams have a more competitive element. A high level of commitment, team spirit and positive attitude is expected of all our players, but particularly those involved in the above teams and it is important that players are aware of this.

- Training is likely to be more intense (and in the case of Senior Elite more than once a week).
- They are expected to have a high or reasonable level of fitness and self motivation, which they are able to continue throughout the season.
- They may (and in the case of Senior Elite, will) be asked to contribute time and effort to fundraising and learning how to umpire.

These teams all compete at North Harbour. There are also tournaments at Western Heights (Rotorua), North Harbour and Auckland, plus the Rodney District Secondary School challenge which runs during the second school term. An extended Senior Elite squad of 12 attends the UNISS (Upper North Island Secondary School tournament) at the end of the season.

The level of commitment required also extends to parents and caregivers who have to give up their time to ensure their child fulfils team obligations.

#### **GALA DAY IS BACK!!**

It was such a big hit in 2009 that we had to run it again.

So mark 14<sup>th</sup> February on your calendar

For the 2010  
"We Love Netball"  
Gala Day

Fun and Games  
Information  
Special Guests  
Finished off with a family BBQ and swim.

Watch for details early next year

**GOOD LUCK FOR THE EXAMS EVERYONE  
HAVE A GREAT CHRISTMAS AND A SAFE SUMMER.**